



**Starts
4th May**

BEST BODY FIT CAMP

Bootcamp for all abilities • Mixed classes

Wednesdays 18:00 - 19:00

Church Green
(next to the Church Hall)

Just bring an exercise mat and water

Book your place:

07985 066859



@livewellfitnessnorthwich

Pay as you go:

£6.50 per class

Block booking (6 weeks):

£30.00

www.livewellfitness.uk

Nutritional & fitness advice and personal training also available